



The Irish College of Traditional Chinese Medicine (ICTCM)

Workshops and Short Courses in Qigong

Introduction to Health-Promoting Qigong: July 2014

☉ Weekend Introductory Workshops:-

Saturday 26th and Sunday 27st July 10.00 to 4.30 each day €190

A two day introduction to Health-promoting Qigong and for those who have not done any previous Qigong workshops with us. Open to all. To be held in our College in Dublin 3.

Full handouts will be provided.

Further Skills in Qigong: Mid/Late August 2014

☉ Late Summer Qigong Weekend

Dates to be announced 10.00 to 5.00 each day €200

A weekend workshop.

Ideal for those who have already completed the Introductory Weekend with us or have attended other Further Skills Weekends.

Please let me know **now** if you wish to take part in the August workshop and I will inform you as soon as the dates have been set.



Qigong Workshop – July 2014

Name:

Address:

Tel. No (and email address):



*"Make Qigong
part of your life".*

Please tick the options that apply

I wish to attend the Introductory Qigong weekend in July 2014

I wish to attend the next Further Skills Workshop weekend in August 2014

Bookings can be made by email or telephone (see contact details below).

In order to confirm your booking full payment of €190 must be made no later than Monday 2^{1st} July.

Payment may be made by cheque, postal order or bank draft made payable to the **ICTCM**.

If you wish to pay by bank transfer please contact me for details.

Refund of course fees will only be made in the case of course cancellation.

It is essential to reserve a place by sending in your form as places are limited.

Booking by phone:

Phone or text

087 9552139

By email:

Contact Mary on:-

info@ictcm.ie

Booking by post:

Post form and course fee to me at the address below.

Return Booking forms and Deposits to: Mary Plunkett, ICTCM House, Merchants Road, Dublin 3.