

Professional Acupuncture Training (Licentiate in TCM) - Syllabus

The Lic.TCM Course Structure

The course meets the requirements for Acupuncture Training in Ireland. It follows the syllabus currently in use both in China and in the best established Colleges of Acupuncture and TCM in Europe and is recognised by Guangzhou University of TCM, China, with which the ICTCM is formally affiliated, for entry to their Masters Degree.

The course is:

- ☯ three years long
- ☯ part-time
- ☯ weekends – Saturday and Sunday only
- ☯ 12 main teaching weekends in each of the first two years
- ☯ 400 hours of clinical training
- ☯ held in Dublin

In the first two years the main teaching weekends are held approximately every four weeks. In the third, clinical, year they are held every two weeks.

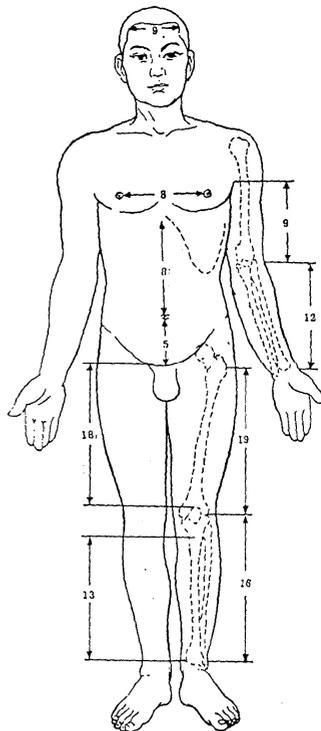
Additional study hours include workshop-based, tutorial and open-learning modules to meet the requirement of the Lic.TCM programme, as determined by the PRTCM and other professional bodies of Acupuncture TCM in Europe.

The Syllabus

- History and Classical sources of Chinese Medicine
- Philosophical foundations of Chinese Medicine
- Yin Yang theory
- Wu Xing theory (Five Phase theory)
- The Five Vital Substances
- Anatomy and physiology of TCM
- Ba Gang theory (the Eight Principles)
- Zang Fu theory
- Jingluo theory



- ❑ Location of Acupuncture points - theory and practice
- ❑ Causes of Disharmony and Disease
- ❑ Methods of treatment
- ❑ Principles of therapeutics
- ❑ Acupuncture
- ❑ Moxibustion
- ❑ Dietary therapy
- ❑ Other TCM treatment methods
- ❑ Differentiation of Patterns of Disharmony
- ❑ Diagnostic method - the four Examinations
- ❑ Pulse diagnosis
- ❑ Tongue diagnosis
- ❑ Principles and priorities of Treatment
- ❑ Classification and action of Points
- ❑ Acupuncture Point selection
- ❑ Needling technique
- ❑ Treatment techniques
- ❑ Patient management
- ❑ Interpersonal and Communication Skills
- ❑ Clinical Management
- ❑ The treatment of common diseases - Aetiology and Pathology of Disease
- ❑ The treatment of Common diseases - With reference to Western pathology and Disease differentiation - including infectious diseases, pain management, respiratory diseases, Headache, Rheumatism and Arthritis, Digestive diseases, cardio-vascular disorders, skin disease, back pain, emotional and mental disorders, childhood disorders, gynaecological disorders, infertility, urogenital disorders, eating and dietary irregularities, congenital and acquired deficiencies, and a host of other ills mentioned more fully in the **Acupuncture and Traditional Chinese Medicine** pamphlet enclosed.
- ❑ Introduction to western Pharmacology - drug side effects and withdrawal
- ❑ Clinical techniques and procedures - including sterile procedures
- ❑ Clinical Management
- ❑ The procedures and ethics of referral
- ❑ Professional Ethics and Codes of Practice
- ❑ Consultation and liaison procedures



All technical TCM terminology is taught in Pinyin.

Clinical training

In the third year, Clinical students who have successfully completed all academic and practical examinations, transfer from the College to the Teaching Clinic.

Under the supervision of an experienced Clinical Director, with first-hand knowledge of working in top hospitals and TCM Universities in China, students will:-

- ❑ undertake the diagnosis and supervised treatment of a number of patients
- ❑ observe and record the diagnosis and treatment of patients of other Clinical students and practitioners
- ❑ prepare detailed case histories and treatment schedules and maintain comprehensive treatment records of all patients treated and observed
- ❑ submit all case histories and treatment schedules to the Clinical Director for approval
- ❑ consult with the Clinical Director on all treatment and prescription procedures
- ❑ accumulate a collection of practical case histories and treatment plans
- ❑ develop patient education programmes
- ❑ improve patient management and Clinical practice skills
- ❑ gain first-hand experience and expertise in practical Clinical procedures and day to day practice management
- ❑ practise and perfect therapeutic procedures in a supervised Clinical setting
- ❑ expand and document theoretical knowledge of disease categories, types and differentiations
- ❑ receive instruction in the practicalities of establishing their own TCM surgeries and Clinics
- ❑ receive instruction on the prerequisites of business management in the caring professions
- ❑ receive instruction on how to establish links with other health-care professionals, orthodox, complementary and alternative.

At the end of the Clinical Training programme those students who have satisfied the requirements of the course will be awarded the Licentiate in Traditional Chinese Medicine qualification, along with the appropriate certificate.

All clinical training is carried out in Ireland.

Western Medical Sciences

This part of the course is taught by western medics experienced in teaching western medical sciences to students of non-conventional medicine.

The content and format of the course is tailored specifically to the needs of TCM practitioners.

This module is an integral part of the Licentiate course, and is taught and examined as such.

Topics covered include the basic anatomy, physiology and pathology of common

diseases. The internal medicine and pharmacology of the following systems and organs is covered:-

- Respiratory system
- Cardiovascular system
- Gastrointestinal system
- The urinary system
- The genital and reproductive systems
- The endocrine system
- The immune system and the skin
- Infections and tumours
- The Central, Autonomic and peripheral Nervous systems
- The eyes, nose and ears
- Obstetrics and children's diseases

Exemptions: Candidates who already hold medical qualifications which encompass the syllabus outlined above may be eligible for exemption from this section of the Licentiate course.

Evidence will be required before any exemptions are made.

Assessment

Assessment is on-going and covers all aspects of the syllabus including College work, extra-mural activities and Clinical competence.

Assessment of students at all levels is rigorous and is based upon monthly written homework, case studies, classroom tests, group discussions, individual tutorials, essays, academic assignments, role-play workshops, classroom presentations, point location workshops, practical point location sessions and every aspect of clinical performance.

Students are required to successfully complete all Open Learning Assignments and homework by the due date.

Records of achievement and attendance are kept throughout the course.

Formal examinations are set at the end of each year. Progression within the course, and final attainment of the Lic.TCM and the accompanying certificate, is subject to successful completion of all formal examinations, both theoretical and practical; the demonstration of wholly professional standards of conduct and fully competent Clinical performance.

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Information contained in this prospectus is correct at the time of printing. However, the College reserves the right to make any changes that may be precipitated by development in the curriculum or unforeseen circumstances, without notice.